

# **ESKO – exercises to link preschool and school**

Day-care centres and schools support children's well-being by offering them favourable conditions for growth, development and learning in co-operation with parents. From a perspective of a child's development, preschool and basic education form a logically progressing whole in terms of content. The shared educational focuses of the curricula of preschool and elementary education are to learn the skills of learning such as thinking, social skills and co-operation with parents.

ESKO is in two parts. The preschool teacher sends the results of the ESKO exercises to the child's primary school for his/her future teacher there. The purpose of the exercises is to make the transition to school easier. The first part of ESKO (preschool exercises) is done during the preschool year in April and May and the second part (school exercises) is done in August and September. The child starts the exercises in the familiar surroundings of preschool and continues them in school. Each child does the exercised based on given instructions and his/her own skills and abilities, and in that way each may experience success. It is also important that the exercises are done by the child him/herself and that they remain so. They must not be graded or corrected. Some of the exercises can be done in groups, others individually.

The child shows his/her future teacher what he/she has done in preschool and once the school exercises have also been completed, the child receives the ESKO exercises as a souvenir of his/her preschool year and first year at school. The parents fill in the first page of ESKO in co-operation with the preschool teacher. At the same time, the parents see the exercises done by their child and are involved in the co-operation right from the outset.

## *THE JOY OF SUCCESS – THE DELIGHT OF DOING THINGS!*

Esko 1 .....	pages 7-27
Esko 2 .....	pages 29-46

# ME AT PRESCHOOL AND SCHOOL

Name: \_\_\_\_\_ Girl:

/Boy: \_\_\_\_\_

Date of birth: \_\_\_\_\_

Parent/guardian: \_\_\_\_\_

\_\_ Siblings: \_\_\_\_\_

Mother tongue: \_\_\_\_\_

Language \_\_\_\_\_ used \_\_\_\_\_ at \_\_\_\_\_ home:

\_\_ Address: \_\_\_\_\_

Tel.: \_\_\_\_\_ Day-

care centre: \_\_\_\_\_

Preschool teacher(s): \_\_\_\_\_ Things

that interest your child: \_\_\_\_\_

School's name: ...\_ . \_\_\_\_\_

Class: \_\_\_\_\_

Date: \_\_\_\_\_ / \_\_\_\_\_

Signature \_\_\_\_\_ of \_\_\_\_\_ parent/guardian:

—